



# THE BEST CHOCOLATE MUG CAKE EVER!

*Chocolate cake in under 5 minutes!*

## INGREDIENTS

- 3 tablespoons of flour
- 3 tablespoons of sugar
- 2 tablespoons of cocoa powder
- 1/4 teaspoon baking powder
- pinch of salt
- 3 tablespoons of milk
- 3 tablespoons of vegetable oil
- 1 teaspoon of vanilla extract
- small handful of chocolate chips
- 1 heaping tablespoon of peanut butter or nutella

## PREP TIME

- Prep | 2 mins
- Cook | 1 min 30 secs.
- Ready in | under 5 mins

## PROCEDURE

01

Pour the flour, sugar, cocoa powder, baking powder and salt in a 12-ounce microwave-safe mug. Mix with a fork until combined.

02

Add the milk, vegetable oil and vanilla mix until everything is all combined and smooth. Stir in the Chocolate chips

03

Take your spoon full of peanut butter and glob it down right in the middle. Tap the mug, or gently hit it on the counter so that the peanut butter goes under the chocolate mug cake batter

04

Microwave on high for about 90 seconds. A little less (like 75 seconds) if you would like a more lava cake consistency.